

Refuse to be a Victim®

One out of four persons will be a victim of a violent crime sometime in their life. This four hour seminar teaches adults and older teens how to improve their personal safety strategies, and what techniques and tactics can be used



to help avoid becoming an easy victim of crime and criminals. Criminals are lazy by nature and with a little effort on your part you can reduce the chance of becoming a victim. This seminar heightens public awareness of what can and should be done to stay safe.

THIS IS NOT A FIREARM OR SELF DEFENSE COURSE. THERE IS NO PHYSICAL CONTACT IN THIS CLASS.

Topics Covered in this Seminar

- Psychology of Criminal Predators
- Mental Preparedness
- Home Security
- Physical Security
- Workplace Security
- Parents and Children from Preschool to College
- Senior Citizens
- Automobile Security
- Out of Town Travel Security
- Technological Security
- Self Defense Physical Training (Lecture Only)
- Personal Protection Devices
- Persons with Physical Disabilities
- Domestic Violence
- Stalking
- And More



WHERE: Milton-Freewater American Legion Hall 420 N.E. 8th Ave
Milton Freewater, OR

WHEN: April 28, 2012 1 - 4pm

COST: Free

SPONSERED BY: East End Rod & Gun Club, and Defensive Solutions

FOR RESERVATIONS CONTACT:

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